

INNER WOLVES

PERSONAL DEVELOPMENT REPORTS



# Standard Profile

Prepared for

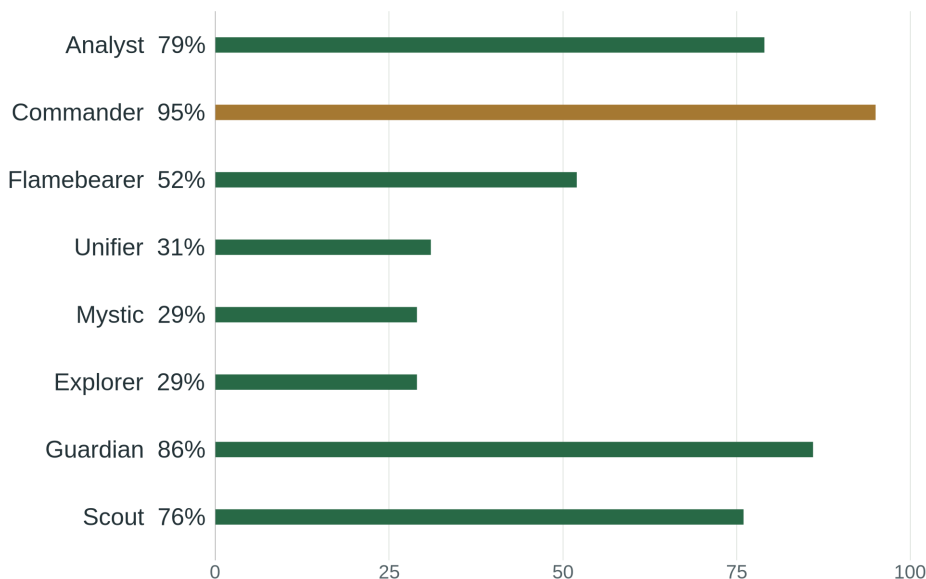
**Luke Sample**

Presented by Brian Lawrence | Life Trails Consulting Ltd

Personalised cognitive functions insight report

## Your profile at a glance

### Your Inner Wolves profile



Highest score: Commander (95%).

Lowest score: Mystic, Explorer (29%).

Values are shown on a common 0–100% display scale. Interpretation follows the approved Inner Wolves methodology. Scores are not labelled as population percentiles or measures of skill.

### Your companion guide

Use alongside your report for the wider framework.

<https://bit.ly/IWC3ed>

### Start with your own experience

Notice what resonates, where context changes the picture, and which insight you would like to explore in practice.

# Your profile narrative

## Executive Summary

Your profile shows a very **strong Commander pattern, with a score of 95**, supported by a **strong Guardian pattern at 86**. Together, these results suggest that you are likely to bring direction, structure, standards, and follow-through to the situations you enter. You may naturally look for the outcome that matters, the actions required to reach it, and the practical safeguards that keep the work reliable.

This combination can be especially useful when something needs to move from intention into action. You may be good at making decisions, setting expectations, noticing what has worked before, and protecting important details. Your main growth opportunity is not to become less decisive or less organised. It is to create enough space for other viewpoints, new possibilities, emotional signals, and deliberate pauses before you commit to a course of action.

## Hero Wolf - Commander

**Your Commander score is 95, the highest result in your profile.** This points to a strong preference for turning aims into clear action. When a situation is uncertain or stalled, you may quickly focus on what needs to happen next, who needs to do it, and how progress can be measured. You may be comfortable taking responsibility, making a call, setting a direction, or challenging a weak plan rather than allowing a problem to drift.

In everyday life, this can make you dependable when decisions are needed. You may naturally create order from a messy situation, separate the important issue from distractions, and move people towards a result. You may also notice when standards are unclear or when a discussion has continued without producing a useful decision. A practical strength here is your ability to end a meeting with a clear owner, deadline, and next step instead of leaving everyone with a general intention.

Your Commander pattern can become less helpful when speed and certainty take priority over understanding. You may sometimes move into solution mode before others have finished explaining the issue, or assume that a direct challenge will be received as useful simply because it is intended to improve the outcome. When pressure is high, your efficiency may feel to others like impatience. Before giving an answer, try asking one question such as, "What am I missing?" or "What would make this workable for you?" This takes little time but can improve both the decision and the relationship.

You may also be inclined to carry too much responsibility personally. If you can see the standard required, it may feel easier to take over than to explain, coach, or wait for someone else to complete the work. That approach can produce short-term results while creating long-term dependence on you. A useful habit is to

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define the result, the boundaries, and the check-in point, then allow the other person to choose how to get there. Review the outcome rather than controlling every step.

Your Commander strength is at its best when it is paired with purposeful restraint. You do not need to soften every message or avoid difficult decisions. Instead, aim to make your direction easier to hear and easier to act on. State the outcome, explain why it matters, name the non-negotiables, and invite relevant input before closing the decision. This preserves your ability to lead while making room for information that may improve the plan.

## Supporting Wolf - Guardian

**Your Guardian score is 86, making it a strong supporting influence in your profile.** This pattern is associated with attention to reliability, known details, practical experience, and the conditions that help people or systems function consistently. You may remember what has happened before, notice small gaps that others overlook, and prefer plans that have been tested rather than relying only on enthusiasm or broad promises.

Guardian energy can give your decisions a solid base. While your Commander side may ask where you are going, your Guardian side can ask what needs to be protected along the way. You may naturally check the process, confirm the facts, maintain standards, and think about the practical consequences of a change. In ordinary situations, this might show up as preparing carefully, keeping useful records, following through on commitments, or making sure that a new approach does not discard something that already works.

This strength may also make you cautious when a proposal is vague, rushed, or disconnected from experience. You may want evidence, a workable sequence, or reassurance that the basics have been covered before supporting a change. That is valuable, but it can become limiting if past experience is treated as the only reliable guide. When considering a new idea, separate the questions “Has this worked before?” and “Could this work under these conditions?” Then run a small, low-risk test rather than requiring complete certainty before beginning.

Your Guardian pattern may lead you to notice errors or omissions before you notice the effort behind a piece of work. If you are also focused on the result, your first response may be to correct the gap. Try making the useful part visible before addressing the problem: “The structure is clear; we still need to check this figure.” This does not lower the standard. It helps the other person stay engaged enough to meet it.

The most useful expression of Guardian is not simply preserving the past. It is protecting what matters while improving what can be improved. You can use this strength to build dependable routines, realistic timelines, clear handovers, and sensible checks. When you propose a change, explain what will remain stable, what will be different, and how you will know whether the change is working. That approach gives people enough certainty to engage without pretending that every outcome can be predicted.

## Synergy Between Your Hero and Supporting Wolves

Your Commander and Guardian patterns work together in a practical sequence. Commander helps you set direction and make progress; Guardian helps you ground that direction in facts, experience, preparation, and dependable execution. You may be particularly effective when a situation needs both a firm decision and careful implementation. You can define the destination, then build the checks and routines that stop the plan from depending on last-minute effort.

The possible tension is between moving quickly and making sure everything is secure. Commander may say, “We need to act now,” while Guardian may say, “We need to check this first.” Neither response has to win every time. Use the level of risk to decide how much checking is appropriate. For a reversible, low-impact decision, set a short time limit and act. For a decision that affects people, money, safety, or long-term commitments, pause for a defined review rather than letting caution remain open-ended.

## Functional Balance

Within your main structure, **Commander is your Executive influence and Guardian is your Integrative influence.** This gives you a natural link between outward action and inward consolidation. You may be able to define what needs to happen while also considering the practical details, existing commitments, and lessons that should shape the approach. A useful daily practice is to divide planning into two questions: “What result are we pursuing?” and “What must be protected while we pursue it?”

Your main structure also combines an **Extraverted Commander orientation with an Introverted Guardian orientation.** This may mean you are comfortable directing attention outward when action is needed, while also relying on your own stored knowledge and internal checks before trusting a plan. The balance can be useful, but it may create a visible rhythm of decisive action followed by private review. Let people know when you are thinking rather than disengaging; a short message such as “I’m checking the details and will come back to you by tomorrow” can prevent silence from being misread.

**On the decision axis, Commander is associated with Judging and Guardian with Perceiving.** In practical terms, you may want closure and clear commitments while still valuing time to observe, verify, and adjust. Rather than treating this as a contradiction, build both stages into your process. Set a decision deadline, gather the information that genuinely matters before it, then commit and review after implementation. This gives your need for action and your need for practical confidence a defined place.

## Flexing the Other Wolves

**Your Analyst score is 79, so analytical checking is also a substantial resource available to you.**

When you use it deliberately, you can test assumptions, separate facts from opinions, and examine whether a plan makes logical sense. Before approving an important decision, write down the claim being made, the evidence supporting it, and the evidence that would change your mind. This helps ensure that your confidence comes from sound reasoning rather than only from momentum or familiarity.

**Your Scout score is 76, offering a strong capacity to respond to what is happening in front of you.**

You can draw on this when conditions change, when a plan meets real-world resistance, or when direct observation is more useful than extended discussion. Try giving yourself permission to gather information through action: visit the situation, speak with the person doing the work, or run a limited trial. This can keep your Commander and Guardian patterns connected to current reality rather than relying only on forecasts or past experience.

**Your Flamebearer score is 52, which suggests a moderate resource for considering personal values, meaning, and what feels important to you or to another person.**

This may be easy to overlook when practical results are pressing. Before making a difficult call, ask, “What principle do I want this decision to reflect?” and “What will this communicate about what matters here?” You do not need to turn every decision into a values discussion. Use this check when trust, fairness, dignity, or personal commitment could affect how the outcome is experienced.

**Your Unifier score is 31, while Explorer and Mystic are each 29.** These lower results do not mean you cannot use relationship-building, open-ended possibility, or long-range pattern thinking. They suggest these approaches may require more deliberate effort and may not be your first response. In a group discussion, ask one person to describe the human impact, invite at least three possible options before choosing one, and spend a few minutes considering what may develop over time. These small prompts can widen your view without asking you to abandon your practical strengths.

When using these less automatic approaches, avoid trying to perform them all at once or treating them as permanent changes to who you are. Choose the one that fits the situation. Use Unifier when buy-in or emotional impact matters, Explorer when the problem is genuinely open and several routes may work, and Mystic when you need to consider a deeper direction beyond immediate evidence. After making room for those views, return to your Commander and Guardian strengths to decide what is workable, what needs protecting, and what action should follow.

## Closing Reflection

Your profile gives you a strong base for making progress and creating dependable results. The most effective version of your approach will combine clear direction with careful grounding: decide what matters, check what is real, protect the essentials, and communicate the path in a way others can use. Your strengths do not require you to carry every decision alone.

As a practical next step, choose one current situation and try a four-part pause: define the outcome, ask what you may be missing, identify what must be protected, and set the next review point. This keeps your decisiveness intact while making room for better information, stronger participation, and more sustainable follow-through.

## Put an insight into practice

**The situation I want to work with**

**The pattern I notice**

**The behaviour I will practise**

**What I will look for**

**When I will reflect**

## Your development map

Use these questions to connect the report with a real situation. Write a few words beneath the prompts that matter most to you.

### 01 Which Wolves are ready for deeper development right now?

Consider your mid-range Wolves and those that feel underutilised or misunderstood.

### 02 How are your Hero and Supporting Wolves showing up in real life?

Are they working in harmony, or is one overpowering the other?

### 03 What role do your mid-range Wolves play in everyday leadership?

Could one of them step forward more intentionally?

### 04 When it comes to your lowest-scoring Wolves, develop or delegate?

What would you like to grow, and where could collaboration help?

### 05 How integrated does your whole Council feel?

Are you drawing on your full range, or leaning too hard on a few trusted Wolves?

### 06 Where in life or work do you feel off-balance?

Which Wolf's voice is missing, and how could you invite it in?

## About your report

The Inner Wolves Model is a personality framework inspired by Jungian psychology. It translates eight core cognitive functions into relatable archetypes – your Inner Wolves. Each Wolf reflects a distinct way you take in information, make decisions, and engage with the world around you.

This framework is about recognising the strengths already within you and identifying areas for growth. Your leadership is a living, evolving story.

### Educational and developmental use

Inner Wolves is grounded in Jungian cognitive function theory and designed for educational and developmental use only.

### Interpreted and developed by Brian Lawrence

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